



AUGUST 2009

CLIMBING

Squadron Leader Windo has invited the Squadron to sample his Climbing Wall at Penryn on **Wednesday 2**

September. CI Rockley will collect cadets in the minibus at Avers Roundabout at 6pm and they will be returned to Avers for collection at 10pm.

Names on the board please.

Redruth Model Flying Club

Thank you to the cadets who helped out at the 19th Summer Show of the above to undertake car parking duties. Well done also to Cadet Alice Tindale who took up the mantle and spoke live on Radio Cornwall promoting the Air Cadets!

Cadet Help at Cornwall VW Jamboree - 28-31 August

Cadets have been asked to assist at the Cornwall Volkswagon Jamboree at the Stithians Showground over the August Bank Holiday weekend. This is a fun filled family weekend based around the classic VW scene with 3 days and nights of organized entertainment with children's entertainers, live bands and disco. A large donation will be made to the Clubs' chosen charity. Any queries, please speak to CI Tindale.

RAF Central Band

The Central Band of the RAF will be performing at the Hall for Cornwall on **Wednesday 16th September**. Tickets available from the Hall for Cornwall. A Standard bearer will be required to carry the Camborne & Redruth Branch RAFA standard. Names of those interested to WO Barnes, via the board please.

Shooting

All Units are invited to attend St Mawgan range for full bore L98

(5.56mm) and L39 (7.62) shooting on Sunday 26th September 2009. Names on the board if you wish to attend please.

CAIELS TROPHY WEEKEND

- 4/6th September

Units will arrive on Friday 4 September and departure is expected on Sunday 6 September at approximately 1730 hours. Times of departure on the Friday will be confirmed to cadets. All cadets - please confirm your attendance via email to CI Kim Medland.

As a reminder, the events being staged are: - flying model, .22 and L98 shooting, aircraft recognition, tug of war, first aid, flying model, leadership, map exercise, climbing wall, foot and banner drill competition. The first activity will start at 0815 on Saturday 5 September.

A Kit list is available for each cadet. Don't forget your 3822 & consent form. Good luck!

WING CROSS COUNTRY CHAMPIONSHIPS 2009

The Wing Cross Country Championships will take place at Penhale Camp from 18.15 to 19.45 hrs on **Saturday 5 September** as part of the Caiels Trophy Weekend.

Class A Boys.	Males under 15 on 1 Sep 09
Class B Youths.	Males 15 and under 17 on 1 Sep 09.
Class C Youths.	Males 17 and under 20 on 1 Sep 09
Class D Girls.	Females under 15 on 1 Sep 09
Class E Girls	Females 15 and under 20 on 1 Sep 09.

Cadets must supply their own running kit. The issue of spikes has to be resolved but those that wear them should bring both types of footwear and a decision will be made on the day.

FOR SALE & WANTS BOARD

For your information – Sale & Wants board now in operation at Squadron for your use.

RAFA Collection - 19th September

The Squadron has been asked to assist RAFA Wings Appeal street collection. Cadets will collect in groups of two and we will be working in Camborne with 147 squadron. Please put your name on the board if you can help.

WING SWIMMING CHAMPIONSHIPS - SUNDAY 13 SEPTEMBER 2009

The Wing Swimming Championships will take place at HMS Raleigh on Sunday 13th September 2009. **Note: this follows the sports trials in the morning - further info to follow.**

The events will be as follows in all classes:

<u>Individual</u>	<u>Team</u>
Butterfly	4 x Medley Relay
Backstroke	4 x Freestyle Relay
Breaststroke	
Freestyle	
Individual Medley	

Enrolled Male and Female Cadets will compete in the following classes:
JUNIOR Under 16 on 31 December 2009
SENIOR 16 and over on 31 December 2009

77 Squadron have won this competition for the last five years! Please support your Squadron even if you do not consider yourself to be a strong swimmer. Every point helps!

A practice night is being organised at Redruth pool. Confirmation will be sent out shortly.

Plymouth & Cornwall Wing Green Camp, Penhale 25-27 Sep 09

The next green camp is to be held at Penhale on 25-27 September. Please note those cadets who attended the first activity may apply for the next stage, those that have not attended before will need to complete the initial training. Also cadets who wish to only complete the WHT for the L98 can

apply for that course only. Names on the board please - forms need to be completed by 8 September.

TOWN MAYORS CIVIC SERVICE & PARADE - 20 SEPTEMBER

We have been invited to attend the above at 2pm on Sunday 20th September. The parade and service will be followed by refreshments at the Royal British Legion. Please make an effort to attend. Names on the board please.

AIR TRAINING CORPS PARAGLIDING COURSES 2009/10

LOCATION: Joint Services Hang Gliding and Paragliding Centre (JSHPC), Cwrt-y-Gollen Crickhowell, (Nr Abergavenny), Powys
PRE-COURSE REQUISITS and WHO CAN APPLY: Cadets applying for a Paragliding course MUST:

- Be 16 years of age or over on the 1st day of the course
- Be resident for the entire course
- Weigh a minimum of 41kg and a maximum of 110kg.
- Be medically and physically fit to cope with all aspects of the strenuous course.
- Understand that the course is very weather dependant and the amount of flying can not be guaranteed. If weather prevents flying then alternative adventurous activities will be provided eg high ropes, mountain biking and cadets should be physically fit, be prepared and flexible to take part in all activities offered.
- Work on their fitness well before the course in order to take part and enjoy all that may be offered.

COST: £50 + any 'off duty' activities requested by the group eg bowling will be payable from cadets own personal funds.

TRAVEL: Unaccompanied by rail to Abergavenny.

Interested? Please ask for details in the office.

Handstand Appeal

77 & 1900 Squadron have been asked to assist with car parking duties at the World Record Attempt at the largest 3 legged race, organised by the Camborne and St Ives Round Tables, in aid of the Marshall Janson appeal, to be held on Sunday 27th September 2009 at Camborne (North cliffs). Teams can enter at £5 per pair. Interested? Names on the board please.

DIARY OF EVENTS 2009 (Updated events in bold)		
Please check events first in case of cancellation/change of date/time		
Date	Event/ Activity	Location
28-31 August	Cornwall VW Jamboree	Stithians
Tues 1 September	Committee Meeting	RAF Portreath
Wed 2 September	Climbing Wall	Penryn
4-6 September	CAIELS W/END	Penhale
Sat 5 September	Wing Cross Country Championships	Penhale
Sun 13 September	Wing Sports Trials/ Swimming Champs	HMS Raleigh
Wed 16 September	RAF Central Band	Hall for Cornwall
Sat 19 September	RAFA Collection	Camborne
Sun 20 September	Town Mayors Civic Parade	Redruth
25-27 September	Green Weekend	Penhale
Sun 26 September	Shooting	St Mawgan
Sun 27 Sept	Handstand Appeal	Camborne (North Cliffs)
Sat 7 November	Gliding Allocation	Predannack
Sat 28 November	Search & Rescue Exercise	Dartmoor

Please note: Although Sqn Ldr Tony Windo is still Officer Commanding of the Unit, he will be absent from Cadets for the next six months while he is setting up his own business in Penryn. Warrant Officer Jon Barnes will be responsible for the day to day management of the unit in his absence and his telephone number is as shown below. Tuesdays and Thursdays are now mandatory parade nights, and cadets will be advised of the correct uniform etc in advance.

**Warrant Officer Jon Barnes can be contacted on
07857650818**

**SQUADRON TELEPHONE NO IS 01209 843883
(on cadet nights only)**

(Sqn Ldr Tony Windo can be contacted on 07766984215)